MIG-DHL
Migrants Digital Health Literacy

Create your own Pocket Guide with health terms!

This is a template and you are asked to fill in relevant health terms used in your mother tongue, the language of your country, in English and/or French.

You may use terms of physical and mental health and any other terms you regard as important for your health (terms, issues and symptoms). For inspiration, some words are already provided. Please use a digital device (apps or by browsing a computer).

Take 30 minutes to do this - good success!

Term in your mother tongue	Term in your host country	Term in English	Term in French
		hospital	hôpital
		dentist	dentiste
		headache	mal de tête
		optician	opticien
		disease	maladie